



PRE-DERMAL FILLER INSTRUCTIONS

PRE-TREATMENT

- 1. Allergy to lidocaine** is a contraindication for Dermal Filler. If you have a lidocaine allergy, you are **NOT** a candidate for this treatment.
- 2. To avoid bruising:** For optimal results and to decrease the chance of bruising at the injection site, please avoid all blood thinning medications and herbal supplements for 1 week prior to your Dermal Filler appointment. Please notify us if you are taking Coumadin, Plavix, or any other blood thinners for a medical condition. Medication should never be discontinued without talking with your PCP first.
- 3. Avoid taking Aspirin and non-steroidal anti-inflammatory medications (NSAIDS)** such as such as Ibuprofen, Motrin and Aleve. In addition, very high doses of some Vitamins and supplements can thin your blood and increase the chance of bruising.
- 4. History of cold sores or fever blisters:** There is a risk that Dermal Filler injections near or into the lips can stimulate a recurrence. We may recommend prophylactic antiviral therapy in the form of Valtrex® or Acyclovir. If so, follow the directions for your prescription.
- 5. Pregnancy:** You may not be pregnant or nursing.
- 6. During your treatments:** Please notify our staff of any changes to your medical history, health status, or personal activities that may be relevant to your treatment.
- 7. Prior:** Please do not apply make-up prior to your appointment and come with a clean face.
- 8. Follow up Appointment:** If the desired level of correction has not occurred by day 14, additional Dermal Filler may be needed. Please call our office to schedule an appointment if you would like more filler.
Please note: Additional treatment will be charged at the current Dermal Filler price.
- 9. Combination Therapy:** Dermal Filler is intended to fill areas of lost volume; however, it does not prevent muscle movement or resurface the skin. Most patients see best results when combining their Dermal Filler treatments with other antiaging and corrective procedures such as Neuromodulators, Platelet Rich Plasma (PRP) Therapy, Pixel, AFT, etc. If you have any questions regarding which additional treatments may be of benefit for you, please ask your provider.
- 10. How long does it last:** Dermal Filler lasts 6-24 months on average. It is not necessary to wait 6-24 months to return for treatment, you may return for your next, and/or additional Dermal Filler treatment as soon as you would like more volume correction in any areas of concern.

IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CONTACT US IMMEDIATELY AT

(614) 219-9983